



For Any Parent or Primary Caregiver of a child or Adolescent Living with Mental Illness

NAMI Basics offers education and support. Taught by parents who have lived similar experiences with their own children, NAMI Basics is an educational program that provides learning and practical insights for families. Course elements include:

- The trauma of mental illness for the child and the family
- The biology of mental illness: getting an accurate diagnosis
- The latest research on the medical aspects of the illness and advances in treatment
- An overview of treatment options – treatment works
- The impact of a child's mental illness on the rest of the family – caregivers and siblings
- An overview of the systems involved in caring for children and teens.

The course is offered free of charge and consists of 6 classes that meet weekly for 2-1/2 hour sessions.

Place: Mott Children's Health Center, Cedar Street Facility

924 Cedar St, Flint, MI

Date: April 15, Ending May 20, 2009

Time: Wednesday 12:30 – 3:00 p.m.

Clip _____ ✂ _____ ✂ _____ ✂ _____ ✂ _____ ✂ _____

TO REGISTER:

Name: _____ Phone: _____ E-mail _____

Address: _____ Age of ill child: _____ Relationship to family member: _____

Where did you hear about NAMI Basics: _____

Send to: NAMI Genesee County. PO Box 1320. Flint, MI 48501

Information: NAMI: Erma 810-686-1348 – Office 810-232-6498

Mott Children's Health Cedar Street Location: Tamara 810-237-8692

Visit WWW.Nami.org/basics,
Phone the NAMI HelpLine at 1 (800) 955-NAMI (6264), or e-mail info@NAMI.org

We appreciate the financial support provided by Swartz Creek and Fenton Knights of Columbus