



Way To Go Kids!!

A program designed to help families learn more about nutrition, body image and healthy eating habits.

- When:** June 22nd –August 3rd, every Thursday,
4:00-5:15 p.m.
- Who:** Bring the whole family (Adults must attend all sessions with children.)
* There will be special "Parents Only" sessions.
- Where:** Mott Children's Health Center,
Lecture Room (First Floor), first session in
Group Room (First Floor)
- How:** Please call Robyn at (810) 767-5750 ext. #5378
to sign up. Space is limited.