



Mott Children's Health Center Tuuri Day 2019



"ACEs, Secondary Trauma & The Path to Resilience" Wednesday, October 23, 2019

Alison Arnold, Ed.D.

Directs the Interdisciplinary Center for Community Health & Wellness at Central Michigan University, providing programs, research, and projects focused on health priorities in the Great Lakes Bay Region and beyond. Dr. Arnold's experience cuts across education, business, and philanthropy. Dr. Arnold is a Master Trainer for the Michigan ACEs Initiative, Building Self-Healing Communities.

Laura van Dernoot Lipsky

Laura is the founder and director of The Trauma Stewardship Institute and author of Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others and The Age of Overwhelm. Widely recognized as a pioneer in the field of trauma exposure, she has worked locally, nationally, and internationally for more than three decades.

Carol O'Connell, Psy.D.

Dr. O'Connell, a licensed clinical psychologist for over 20 years, has worked with all ages in both inpatient and outpatient settings. She directed the National Child Traumatic Stress Network (NCTSN) grant at Akron Children's Hospital which focused on developing trauma informed care, including addressing compassion fatigue in the hospital and the community. She is a clinical psychologist at PsychBC in the Cleveland area.

Elizabeth Wise and Canisha Bell

Elizabeth and Canisha are both part of the Mindfulness Team at the Crim Fitness Foundation. They lead trauma informed mindfulness training, provide evidence-based programming, and collaborate with the community to support health and well-being for all; especially those most impacted by ACEs and the Flint Water Crisis. Elizabeth is an ACEs Master Trainer, and brings her former experience as a teacher and social worker to this work. Canisha has a background in public health, and leads community outreach and engagement for the Crim Mindfulness Team.

**Genesys Conference and Banquet Center
805 Health Park Blvd.
Grand Blanc, MI 48439
8:00 a.m. - 3:30 p.m.**

**Cost: \$50.00 (\$25 for undergraduate students)
Includes: Continental Breakfast, Lunch, and Materials
Space is Limited – Register Today!**

Program Agenda

8:00 – 9:00	Registration and Breakfast
9:00 – 9:15	Welcome and Introduction
9:15 - 10:15	"Revisiting ACEs: The Roots of Wellness and Building Our Inner and Collective Resilience" Alison Arnold, Ed.D.
10:15 - 10:30	Morning Break
10:30 – 12:00	"Transforming Trauma – How to do this Work and Sustain" Laura van Dernoot Lipsky
12:00 - 1:00	Lunch and Networking
1:00 – 2:30	"Structuring an Organizational Response to Compassion Fatigue" Carol O'Connell, Psy.D.
2:30 – 3:30	"Mindfulness as a Path to Resilience" Elizabeth Wise, CRIM Fitness Foundation Canisha Bell, CRIM Fitness Foundation
3:30	Conference Ends

Register for Conference and Pay Online at: www.mottchc.org

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